

This is basically a checklist / reminder of actions to take and should be only be used in conjunction with Animal First Aid training or at least background reading. Many good Animal First Aid books are available or look on our website: www.a-zanimalcare.co.uk and click on the "Animal First Aid" page for further information.

Animal First Aid Note: Animals in fear or pain will bite. Use a muzzle. Cats can be very aggressive. Wrap in towel. Take to Vet

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Scenario	First action	Next
Bleeding excessively	Muzzle? Stop bleeding. Cloth / Towel apply pressure. Hold in place with bandage if possible.	Add layers if required, not a new clean cloth. Treat for Shock. Take to Vet
Broken / Dislocated Bones	Calm everything down. Let animal sort itself out initially. Make area around animal safe. Muzzle	Prepare for transport: flat board / large towel. Treat for Shock. Take to Vet
Burns	Flush with cool water for 5 – 10 mins	Treat for shock. Leave cool clean, wet dressing in place. Take to Vet.
Choking (Can't breathe)	Quick action required! But Caution of getting bitten! Remove blockage if possible. May be animal's own tongue. If not try Heimlich manoeuvre. Apply quick, firm pressure to chest wall to force blockage out. See website for more details	Check breathing. Artificial respiration once obstruction removed? Mouth to nose (hold mouth closed). Heartbeat? CPR? Treat for Shock? Take to vet asap.
Electrocution	Switch off electric. Check for breathing.	If conscious: Treat for shock. Take to Vet. Consider burns to the skin at entry and/or exit points. Unconscious: Artificial respiration? / CPR? Take to Vet
Eye out of socket	Don't try and put it back, it's a Vet job. Soak a CLEAN Tea towel in lukewarm water and cover eye	Get to Vet asap Take someone to help and keep moistening towel with lukewarm water. Do not remove towel to moisten it.
Fit / Seizure	Don't touch dog. Clear a space around it to prevent damage. If on high place prevent fall (put up a barrier?) CAUTION touching Calm everything down: lights off, dryers off, Radio off etc	Let it take its course. Most don't last long. Talk to Vet If a serious fit lasts longer than 5 minutes ring vets for help.
Nosebleed	Keep dog calm. Minimum movement. Allows clot to form.	If bleeding persists beyond 10 minutes seek Vet advice. Sneezing, coughing and blood in the mouth/saliva are all common with nosebleeds.
Overheating / Heat stroke	Wet the animal all over with cool water from shower / hose. Wrap in water soaked towel and keep adding water to it. If in any doubt seek Vet advice	If in any doubt seek Vet advice After a few minutes offer a small amount of water little and often in case animal is dehydrated.
Shock (How to treat for)	Keep warm with blanket. Prevent heat loss. Ensure animal is breathing. Straighten head and neck to open airway if unconscious. If in any doubt seek Vet advice	If in any doubt seek Vet advice / take to Vet
Sting Wasp / Bee	Only a real emergency if animal has been stung in mouth or throat and there is swelling. Check for breathing. Monitor for changes. Consider allergic reaction. Call vet.	Wasp stings are soothed by vinegar applied to the area Bee stings are soothed by Bicarbonate Seek vet advice if you are worried
Strangulation	Remove the cause; slip lead/collar. Cut lead and release animal or lift it with help to release pressure around throat. Check airway clear. Check for breathing	Artificial respiration? Mouth to nose (hold mouth closed). Heartbeat? CPR? Treat for Shock? Take to Vet
Unconsciousness Collapse	Check airway clear Check airway clear. Check for breathing Check for pulse	Artificial respiration? Mouth to nose (hold mouth closed). Heartbeat? CPR? Treat for Shock? Take to Vet

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Your Vet: Tel No / directions to:

Entered in your mobile(s)??